

DIY Frozen Apple Dog Treat Recipe - Low Fat

Source: <http://irresistiblepets.net/2014/09/diy-frozen-apple-dog-treat-recipe/>

Ingredients:

2 Apples

1 Cup Greek Nonfat Plain Yogurt

Water

Supplies:

NutriBullet or blender

Ice Cube Tray

Measuring Cups

Knife

Cutting Board

Directions:

1. Slice 2 apples into small pieces but remove the seeds and the core.

2. Mix the apple slices, yogurt, and a splash of water in your NutriBullet or blender and blend until you get a liquid consistency.

3. Pour the mixture into an ice cube tray and freeze for a few hours or until hard.

The final product should look something like this. I recommend only feeding your dog one "cube" at a time. You can put the left-over treats into a Tupperware container and store them in the freezer.

This recipe makes 16 treats if using a standard ice cube tray.